

Young Apprentices

A RESOURCE FOR THE RCIA

MYSTAGOGY: HOLY COMMUNION

Third Sunday of Easter • Year B • April 14, 2024

**Brother Jesus,
I come to know you more and more
by listening to your Word
and by receiving your Body
and your Blood
in Holy Communion.**

**May your Word,
your Body, and your Blood
give me strength to love,
to follow, and to serve you.**

Amen.



Sunday Word

Acts 3:13-15, 17-19

Psalms 4:2, 4, 7-8, 9

1 John 2:1-5a

Luke 24:35-48

The above readings are available at
usccb.org/bible/readings.

To Help You Remember



1. The two main parts of the Mass are the Liturgy of the Word and the Liturgy of the Eucharist.
2. Christ speaks to us in God's Word. When we hear the Gospels, we are hearing Christ teaching us about God, about how to love others, and about what his disciples should say and do.
3. Christ gives us spiritual food in the Eucharist (Holy Communion). His Body and Blood strengthen us to be his Body in the world.

In accord with the *Code of Canon Law*, I hereby grant the *Imprimatur* ("Permission to Publish") regarding the publication of *Young Apprentices: A Resource for the RCIA*.
Most Reverend Joseph R. Binzer, Auxiliary Bishop, Vicar General • Archdiocese of Cincinnati, Cincinnati, Ohio • January 30, 2015.

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With My Family



Deepen

From the first moment you began the initiation process, you have been on a journey of discovery. You have discovered so much about God, the Church, yourself, and other believers. *Share as a family some of your favorite discoveries!*

A good part of that journey included Sacred Scripture. You heard it every week during the Liturgy of the Word at Mass. You talked about it in your RCIA gatherings. You worked to put that Word into practice.

All this leads you to the Eucharistic feast, to the sacrament that nourishes us each week with the Real Presence of Jesus Christ—his Body and his Blood. The Eucharist gives us strength to carry the Good News of Jesus to everyone we meet by our own words and deeds.

Meditate

Imagine the first community of the faithful, the original disciples, gathered together after the Crucifixion of Jesus. How do you think they were feeling?

Then two of the disciples who had been away return to tell the others that they met the Risen Lord Jesus on the road out from the city.

Christ had been made known to them in the breaking of the bread.

As they tell about this surprising meeting, the Risen Lord appears in their midst and speaks words of peace! *Share as a family how you would feel if this happened in your midst today!*

Share

Think about the Eucharist, the wonderful meal come down from Heaven. It is a new gift in your life, but you have been preparing for it all throughout the RCIA. *Talk about the Eucharist as a family.*

What does Eucharist tell you about God?

What does the Eucharist tell you about the Church?

What does the Eucharist tell us about ourselves as companions in faith?

Do!

Invite each family member to share his or her favorite foods and favorite types of meals. Keeping this in mind, plan a meal and invite your godparent or sponsor to share that meal with you and your family.

As you celebrate and strengthen your friendship with you godparent or sponsor, keep in mind that the original Greek word for *Eucharist* means *thanksgiving*. How else might you thank your sponsor or godparent? How might you continue to thank God for God's many graces in your life?

Pray

Continue praying as a family the prayer on the front of this page.